

# 2010 IARBC Men's Retreat

## Activity Schedule



### Friday

|              |  |
|--------------|--|
| 3:00 - 7:00  | Registration                               |
| 1:00 - 7:00  | Trap Shoot (1-5pm)                         |
|              | Zip Line (3-7pm)                           |
|              | Waterfront (3-7pm)                         |
|              | Pool Open (4-7pm)                          |
| 5:30 - 7:00  | Supper                                     |
| 7:30 - 9:00  | <b>Session 1</b>                           |
| 9:00         | Refreshments                               |
| 9:15 - 11:00 | Climbing Tower Observation Deck (til 10pm) |
|              | Pool Open (til 10:30)                      |
|              | Indoor Climbing Wall (til 11pm)            |

### Saturday

|               |  |
|---------------|--|
| 7:00 - 8:15   | Breakfast  |
| 8:30 - 10:00  | <b>Session 2</b>                                       |
| 10:00 - 10:30 | Break  |
| 10:30 - 11:45 | <b>Session 3</b>                                       |
| 12:00         | Lunch  |
| 12:00 - 3:00  | Zip line, Outdoor Climbing Wall, Waterfront Activities |
| 1:00 - 4:00   | Trap Shoot   |

**Other Free Time Activities:** Disc Golf, Miniature Golf, Horseshoes, Volleyball, Basketball, Tennis, Canoes, Paddle Boats, Kayaks, Archery

### Cost:

Men attending entire retreat: \$45  
 Men attending entire weekend with hotel housing: \$35  
 Men attending Friday only: \$20 (includes 1 meal)  
 Men attending Saturday only: \$25 (includes 2 meals)



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